

Help with Cost of Living Crisis

In light of the speed at which prices are rising, the government has put together a package of help to ease the cost of living crisis. Full details of all the support available can be found online at <https://helpforhouseholds.campaign.gov.uk/> - including the help we've highlighted here.

Energy Bill Discount

£400 off energy bills for households in Great Britain from this October. This automatic, non-repayable discount will be applied in six instalments between October 2022 and March 2023 to help households through winter. There is no need to apply for the scheme and you will not be asked for your bank details.

Disability Cost of Living Payment

Individuals on disability benefits (including Attendance Allowance, PIP & DLA) will receive a one-off £150 payment in September to help with extra costs, payment is automatic, there is no need to apply. This is in addition to the £650 Cost of Living

Payment for disabled people who also receive means tested benefits.

Pensioner Cost of Living Payment

In the winter months pensioners can usually get between £100 and £300 to help pay heating bills. This winter, they will also receive an extra one-off £300 Pensioner Cost of Living Payment, which will be paid as an automatic top-up to the Winter Fuel Payment.

If you would like to check if you are entitled to any additional benefits, such as Pension Credit, disability benefits or help with housing costs, please call LIF on 01582 720 447 for a benefit check.

Advice event in The Mall

Luton Irish Forum is joining together with other organisations at a Cost of Living event in The Mall shopping centre on the 14th and 15th October. We will all be providing advice and support to help locals deal with the cost of living crisis. Details will be published in the Forum and on our social media.

Extra benefit with the Winter Fuel Payment



If you're entitled to a Winter Fuel Payment for winter 2022 to 2023, you will get an extra £300 for your household paid with your normal payment from November 2022. This is in addition to any Cost of Living Payment you get with your benefit or tax credits.

The full amount of Winter Fuel Payment you will get for winter 2022 to 2023 depends on your circumstances.

If you would like a benefit check to see if you might be eligible for additional help, please just get in touch with our Welfare Advice Service.

Welfare Advice & Employment Support

Please get in touch to book an appointment.

New welfare enquiries: Please phone Monday to Thursdays 9:30am-3:30pm

Welfare Advice Service — by appointment Monday to Friday 9:30am-4:30pm

Passport Applications Assistance and Witnessing — by appointment only Monday to Friday 9:30am-4:30pm

Digital Skills & Employment Support: Group working and one-to-one help — by appointment Monday to Friday 9:30am-4:30pm



T. 01582 720447 info@lutonirishforum.org www.lutonirishforum.org
Luton-Irish-Forum @IrishinLuton @lutonirishforum
Kathleen Connolly House, 102 Hitchin Road, Luton, LU2 0ES
Charity No. 1113069 Company No. 5651900