



# LUTON IRISH FORUM

WELFARE, SOCIAL & CULTURAL OPPORTUNITIES

## Social

### Social Activities

- 13 weekly social activities including Computer Club (including Genealogy), Tuesday and Wednesday Clubs, Tea and Chat, Choir, Irish Language, Literary Society (monthly), Pipe Band, Baby and Toddler Group, Art, Calligraphy and Oomp Exercise Groups.

### Befriending

- Befriending Service to older isolated people

**For more information please contact us via [info@lutonirishforum.org](mailto:info@lutonirishforum.org) or phone 01582 720447  
[www.lutonirishforum.org](http://www.lutonirishforum.org).**