



LUTON IRISH FORUM

Providing social opportunities and welfare support to all communities.

What's On

December 2017

Programme is subject to change. Please call to confirm on 01582 720447
or email activities@lutonirishforum.org for updates or check our website www.lutonirishforum.org

*****Our offices close on Friday 22nd December at 3 pm until 9:30 Tuesday 2nd January*****

DAY & TIME	ACTIVITY	ROOM
MONDAY		
11.30am – 1.30pm	Computer Club (<i>LIF</i>)	MOH Room
11.30am – 1.30pm	Genealogy by appointment (<i>LIF</i>)	MOH Room
2.30pm – 4.30pm	Social Dance (<i>non LIF</i>)	BF Room
5.30pm – 9.00pm	Slimming World (<i>non LIF</i>)	BF Room
7.00pm – 8.00pm	Choir (<i>LIF</i>)	MOH Room
8.00pm – 10.30pm	Musicardo singing group (<i>non LIF</i>)	MOH Room
TUESDAY		
10.00am – 1.30pm	Tuesday Elders Club (<i>LIF</i>)	BF Room
7.00pm – 8.00pm	Beginners Irish Language Classes (<i>LIF</i>)	BF Room
8.00pm – 9.30pm	Wing Chun Martial Arts (<i>non LIF</i>)	BF Room
8.00pm – 10.00pm	Poetry Society (<i>non LIF – 2nd Tuesday in month</i>)	MOH Room
WEDNESDAY		
10.00am – 1.30pm	Wednesday Elders Club (<i>LIF</i>)	BF Room
1.30pm – 3.00pm	Literary Society (<i>LIF - 1st Wednesday in month</i>)	BF Room
5.30pm – 6.30pm	Weight Watchers (<i>non LIF</i>)	BF Room
7.00pm – 9.00pm	Pipe Band practice (<i>LIF</i>)	MOH Room
THURSDAY		
10.00am – 11.30am	Tea & Chat (<i>LIF</i>)	BF/MOH
2.00pm-4.00pm	Advanced Irish Language (<i>LIF – 2nd & 4th Thursday of the month</i>)	Room 1
6.30pm – 7.45pm	Morven's yoga classes (<i>non LIF</i>)	BF Room
8.00pm – 9.00pm	HYM Fit (<i>non LIF</i>)	BF Room
FRIDAY		
9.30am – 11.30am	Baby & Toddler Group (<i>LIF - Term time</i>)	BF Room
12.00pm – 2.00pm	Art Class (<i>LIF</i>)	BF Room
2.30pm – 4.30pm	Calligraphy Class (<i>LIF</i>)	BF Room
SATURDAY		
10.00am – 3.30pm	PBIC Polish Welfare (<i>non LIF</i>)	BF Room
SUNDAY		
10.00am – 12.00pm	Pipe Band practice (<i>LIF – alternate Sundays</i>)	BF Room

MOH Room - The Martin O'Hehir Room (Top Floor – accessible lift)

BF Room - The Boyle Family Room (Ground Floor)

Room 1 – 1st Floor

For all LIF activities we ask for contribution £1-2 plus printing cost if applicable. This contribution can be waived in cases of hardship. For non LIF activities, prices vary.