



LUTON IRISH FORUM

Providing social opportunities and welfare support to all communities.

What's On 2020

Programme is subject to change. Please call to confirm on 01582 720447,
email activities@lutonirishforum.org or check our website www.lutonirishforum.org
'LIF' = Luton Irish Forum activity. 'non LIF' = organised by an outside organisation/company.

DAY & TIME	ACTIVITY	ROOM
MONDAY		
11:30am – 1:30pm	Computer Club (<i>LIF</i>)	MOH Room
11:30am – 1:30pm	Genealogy by appointment (<i>LIF</i>)	MOH Room
2:30pm – 4:30pm	Social Dance (<i>non LIF</i>)	BF Room
5:30pm – 9:00pm	Slimming World (<i>non LIF</i>)	BF Room
7:00pm – 8:00pm	Choir (<i>LIF</i>)	MOH Room
8:00pm – 10:30pm	Musicardo singing group (<i>non LIF</i>)	MOH Room
TUESDAY		
10:30am – 1:30pm	Tuesday Social Club (<i>LIF</i>)	BF Room
7:00pm – 8:00pm	Beginners Irish Language Classes (<i>LIF</i>)	BF Room
8:00pm – 9:30pm	Wing Chun Martial Arts (<i>non LIF</i>)	BF Room
8:00pm – 10:00pm	Poetry Society (<i>non LIF</i> – 2 nd Tuesday in month)	MOH Room
WEDNESDAY		
10:30am – 1:30pm	Wednesday Social Club (<i>LIF</i>)	BF Room
1:30pm – 2:15pm	Gentle Exercises for Older People (<i>LIF</i>)	BF Room
1:30pm – 3:00pm	Literary Society (<i>LIF</i> - 1 st Wednesday in month)	MOH Room
THURSDAY		
10:00am – 11:30am	Tea & Chat (<i>LIF</i>)	BF/MOH
FRIDAY		
9:30am – 11:30am	Baby & Toddler Group (<i>LIF</i> - Term time)	BF Room
12:00pm – 2:00pm	Art Class (<i>LIF</i>)	BF Room
2:30pm – 4:30pm	Calligraphy Class (<i>LIF</i>)	BF Room
SATURDAY		
10:00am – 2:00pm	PBIC Career Advice & EU Settled Status Support (<i>non LIF</i> - alternate Saturdays)	BF Room
SUNDAY		
10:00am – 12:00pm	Pipe Band practice (<i>LIF</i> – alternate Sundays)	BF Room

MOH Room - The Martin O'Hehir Room (Top Floor – accessible lift)

BF Room - The Boyle Family Room (Ground Floor)

For LIF activities we ask for a contribution £1-2 (plus printing/copying where applicable). This cost can be waived in cases of hardship. For details or prices of non LIF activities, please contact the organiser.