



# LUTON IRISH FORUM

## Befriender Volunteer – Role Description

When & Where	Two hours a week minimum, weekdays, day time. In a befriended person's home.
Responsible to	Volunteer Officer
Main purpose of role	To visit and to provide social interaction and support to one or more local people identified as being socially isolated. Volunteers visit in pairs.
Description of tasks	Tasks are flexible and will vary according to the needs and wishes of the befriended and volunteer but the following are universal. <ul style="list-style-type: none"> <li>- To build up a relationship with the befriended.</li> <li>- To spend time and take part in activities with the befriended.</li> <li>- To establish and maintain boundaries appropriate to the befriending relationship - To be consistent, reliable and dependable.</li> <li>- To be accountable.</li> <li>- To respect confidentiality according to LIF policies.</li> <li>- To keep in touch with the Volunteer Officer.</li> <li>- To complete necessary administration such as visit records accurately and promptly.</li> </ul>
Skills and experience needed	You will be friendly and have a desire to enable other people to enjoy social interaction and other activities.
Training and ongoing support provided	You will have comprehensive training before being matched with a befriended and starting your role. Initially you will also have contact with the Volunteer Co-ordinator prior to and after every visit, and then on a regular if less frequent basis.
Out of pocket expenses	Reasonable travel expenses (eg bus, car, cycle) will be reimbursed upon receipt / mileage claim.
Benefits to volunteer	This is a lovely opportunity to make a difference to the lives of socially isolated people living near you.
How to apply	Complete an application form or contact the Volunteer Officer at the address below.

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